

EYES:

TREATMENT	DURATION	PRICE
Eyebrow Tint	15 min	£10
Eyelash Tint	20 min	£15
Eyebrow & Eyelash Tint	30 min	£20
Eyebrow Wax	15 min	£10
Eyebrow Wax & Tint	20 min	£15
Individual Lashes		£40
Infill		£25

24 HOUR PATCH TEST REQUIRED FOR TINT

WAXING:

TREATMENT	DURATION	PRICE
Full Leg	45 min	£30
Half Leg	25 min	£20
Under Arm	15 min	£10
Bikini	15 min	£10
Eyebrow Shape	15 min	£10
Top Lip	10 min	£5
Chin	10 min	£5
Back Wax	30 min	£30

NAILS:

TREATMENT	PRICE
Gel Extensions	£30
Infills	£20
Natural Overlay	£20
Toes	£20

MAKE UP

TREATMENT	DURATION	PRICE
Day Make-Up	30 min	£35
Evening Make-Up	40 min	£40
Prom Make Up	40 min	£40
Wedding Trial Make-Up	30 min	£30
Bridal Make-Up	60 min	£60
Wedding Party (Per Person)	30 min	£40

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PRE BOOKINGS FOR APPOINTMENTS IS ADVISED



NATALIE KATE
BEAUTY

A little hello ...

I'm Natalie and I have been a qualified beauty therapist working in the industry for over 14 years. I have worked in beautiful salons and spas around the Lake District specialising in wedding makeup and holistic body treatments from luxury facials and massages to tailored treatments to suit every need.

I use premium Germaine de Cappuccini products which are found in the most exclusive salons and spas through out the world, which offer a combination of natural ingredients and cutting edge technology.

I look forward to meeting you all!

To schedule an appointment contact
Natalie direct on T. 07734 924 339
or Email: nataliekatebeauty@hotmail.com



PRE BOOKINGS FOR APPOINTMENTS IS ADVISED
FLEXIBLE OPENING HOURS



NATALIE KATE
BEAUTY

MASSAGES:

TREATMENT	DURATION	PRICE
Swedish Back Massage	30 min	£40
Swedish Full Body Massage	60 min	£60

A massage designed to stimulate the blood and lymphatic flow and to relieve the body of stress and tension.

Stress Buster Full Body Massage (Inc. scalp) **70 min** **£70**
A treatment designed to target tension in the back, neck and scalp. Combining the deep heat therapy and warm Pindas to target and relieve tension.

Pinda Pressure Full Body Massage **60min** **£60**
Pinda Pressure Back Massage **30min** **£40**
A deeply relaxing warm pinda pressure massage, using the hands and the warmed pindas to do the perfect balanced massage. Melting away any underlying tension.

Luxury Back Treatment **45 min** **£65**
This body treatment will stimulate your circulation and invigorate sore muscles, exfoliation/massage and deep

Gents MOT **60 min** **£70**
Rejuvenating facial and luxury back treatment. cleansing back mask.

AROMATHERAPY

30 min - £40 **60 min - £65**

An aromatherapy massage designed to suit your needs and mood. Choose from one of our 5 pre-blended oils. Your therapist will then use specific movements to target your concerns.

FIRE - A warming, relaxing massage blended with lavender, sandalwood and Ylang-Ylang to help calm and sooth and alleviate anxiety.

EARTH - An anti-cellulite massage working on the contours of the body and targeting stomach area to aid congestion, with essential oils of cedar wood and Juniper.

METAL - A revitalizing massage, with lemon, lime and nutmeg, to uplift the mind and body.

WOOD - A stimulating massage with essential oils of mint, sage and cinnamon designed to help improve circulation.

WATER - A massage to help with rehydration, regeneration and sooth the mind and assist with fluid retention in the legs, with geranium, patchouli and coriander.

SIGNATURE TREATMENTS:

TREATMENT	DURATION	PRICE
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Mediterranean Back Candle Massage **30 min** **£40**

Mediterranean Full Body Candle Massage **60 min** **£65**

A luxurious warming body massage treatment which commences with a relaxing warm Pinda pressure massage, during this time the mediterranean light candle is burned emitting a wonderful fragrance. The warm wax from the candle is then poured over the body with a body massage to ease tension, relax the mind and deeply hydrate the skin.

Fell Walkers Back & Leg Massage **60 min** **£60**

The back is brushed and exfoliated to help stimulate circulation and cell renewal, then calmed with a deep tension relieving aromatherapy massage. Tired legs and feet are then massaged to help you feel refreshed, finishing with a touch of dreamy leg gel.

Mum-To-Be **60 min** **£60**

Take the weight off your feet and cherish this special time with a full body massage. Enjoy a warm Pinda massage around the shoulders and scalp, working down the spine to ease away tension. Collagen cream firms and tones the skin, in addition to targeting stretch marks.

Beauty Boost Package **90 min** **£70**
Mini Facial, Eye Brow Tint, Eye Brow Shape, Back and Neck Massage.

HOLISTIC:

TREATMENT	DURATION	PRICE
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Indian Head Massage **45 min** **£45**
We use specific massage techniques on the back, neck, shoulders, scalp and face to relieve stress and muscular tension commonly felt in that area.

Hopi Ear Candle **40 min** **£45**
A very pleasant and non-invasive cleansing of the ear canal, especially beneficial for those with ear/sinus congestion. Also to include a re-balancing scalp massage.

Holistic Heaven Indian Head & Hopi Candle **70 min** **£70**
A de-stressing combination of an Indian head massage (back/scalp) followed by a Hopi ear candle treatment to gently ease sinus/nasal congestion and ear wax.

Luxury Leg & Foot Treatment **45 min** **£40**
Exfoliation of the feet, foot and leg massage, and deeply relaxing foot mask with warm booties.

Luxury Back Treatment **45 min** **£40**
This body treatment will stimulate your circulation and invigorate sore muscles, exfoliation/massage and deep cleansing back mask.

FACIALS:

TREATMENT	DURATION	PRICE
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Mini Facial **30 min** **£35**
Refresh your skin with a cleanse, exfoliation, face mask and finishing products.

Vitamin Boost C+ Facial **60 min** **£60**
The advanced treatment is based on pure Vitamin C combined with Ume extract and works to combat the effects of glycation, to leave skin looking radiant once again.

Top & Toes – Mini Facial & Foot Pampering **60 min** **£60**
Mini facial and foot pampering. Refresh the face and feet with this luxurious combination treatment.

Time Expert Facial **70min** **£70**
A powerful all round anti-ageing treatment that provides firming, wrinkle reduction, revitalisation and improves pigmentation and hydration.